EXPRESSIONS

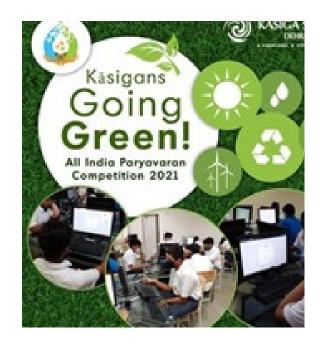
FROM THE DESK OF THE EDITORIAL BOARD

Our school's newsletter "Expressions" is an initiative that takes our readers through a small journey consisting of all the different activities and events that take place over a course of 3 months. We use insightful reports written by students to show glimpses of Kasiga. The whole newsletter is a student body effort, from pictures to write ups. We do this in hope to keep you well informed about the lives of the Kasiga family.

IN THIS EDITION :

- 1. Meet the Kasiga School Green Team and take a ride on the green side!
 - 2. Kasiga school holds a Sports gala!
- 3. Kasiga faculty congratulates graduating batch of 2021.
- 4. Our respected Chairman, Mr. Ramesh Batta gets featured as one of the eminent Education Stalwarts of 2021 by Education Today.
- 5. International students placement from the batch of 2019-2020
- 6. Kasiga School holds webinar conducted by school counselor Mr Sushil Emmanuel for Youth Resilience
 - 7. Kasiga School holds on campus COVID 19 vaccination camp
 - 8. FAREWELL 2020-21:
 - 9. Kasiga school conducts student council elections for 2021-2022 10.Students' Speak









MEET THE KASIGA SCHOOL GREEN TEAM AND TAKE A RIDE ON THE GREEN SIDE!

Kāsigans participated in the 'All India School Paryavaran Competition 2021' supported by the Ministry of Education (Govt. of India) & Ministry of Environment, Forest and Climate Change (Govt. of India) with an objective to create a 'Green and Safe Planet'. A lot of our students scored above 90% and Dheeraj Kumar of Class X came out shining as our Green Hero with a 100% score!

Kasiga school holds a Sports gala!

A trophy carries dust. Memories last forever."

~ Mary Lou Retton
The hard work, diligence and selfmotivation of all our Kāsigans
inspired this 5-day gala in school
premises. The sports department,
led by Mr. Virender Kumar Verma,
actively engaged the students in
some healthy spirited competitions
during the on-going non-academic
period, with football, cricket,
basketball, tennis and athletics
events. The students also went
trekking and enjoyed a nature trip
to River Tons.









Kasiga faculty congratulates graduating batch of 2021

"To accomplish great things, we must not only act, but also dream, not only plan, but also believe."

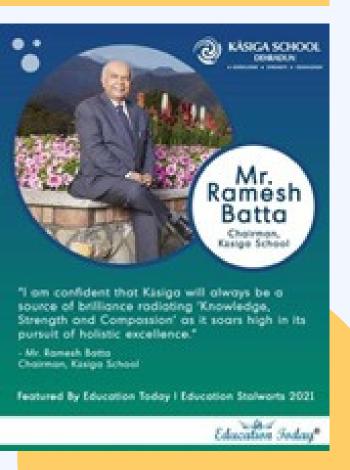
- Anatole France

The school held a Graduation Ceremony for our passing out Kāsigans standing at the threshold of a bright and brilliant future.

The young graduates cherished the moments and memories they created in their time at Kāsiga.

Kāsiga Family wishes them a journey full of joy and success!

Nothing great was ever achieved without enthusiasm." -Ralph Waldo Emerson

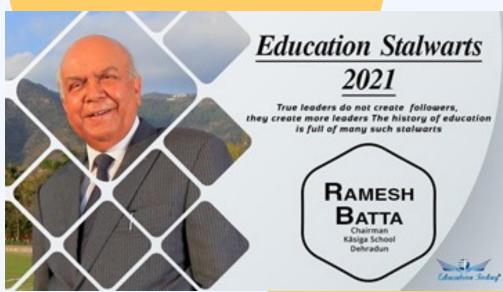


Our respected Chairman, Mr. Ramesh Batta gets featured as one of the eminent Education Stalwarts of 2021 by Education Today.

We thank Education Today for the recognition bestowed upon our respected Chairman, Mr. Ramesh Batta, who has featured as one of the eminent Education Stalwarts of 2021! A proud moment for us all!

"Nothing of great importance can be achieved without passion & commitment. Team Kasiga in its qualitative journey of over ten years has ensured the upkeep of its vision and mission, and our team is the cornerstone of our hopes and dreams."

Read his entire story - https://educationtoday.co/blogs/?



International students placement from the batch of 2019-2020

Kāsiga is consistently ranked amongst the best boarding schools in the country for its phenomenal college placements.

We are stoked to present our international placements to you- from our batch of 2019-20.















University of Calgary. Canada



University of Waterloo, Canada



Conodo





Gueen Mary University of London, UK





Kasiga School holds webinar conducted by school counselor Mr Sushil Emmanuel for Youth Resilience

Calling out the Resilient You of YOUth!

Kāsiga school organised a webinar on YOUTH RESILIENCE. The session was conducted by our school Counsellor, Mr Sushil Emmanuel who guided our students through the ways and means of surfing through the pandemic tide, with resilience and patience followed by a Q & A session. The webinar was very wellappreciated by the Kāsigans.



Kasiga School holds on campus COVID - 19 vaccination camp

Kāsiga School successfully conducted a COVID 19 vaccination camp on 10th June, 2021 for its staff members and their families. We are extremely grateful to everyone who was responsible for organising this vaccination drive and to those who participated in it and helped make Kāsiga Campus, a SAFE Campus!



FAREWELL 2020-21:

"This is the beginning of anything you want." – Unknown Our graduating class of the session 2020-21 received an unforgettable farewell. From games to dance to music and many more surprises, the Farewell was a roller coaster ride of emotions for the students. The students took a trip down memory lane and cherished the lovely memories over the course of their time at Kāsiga. The Farewell was treasured by the Kāsigans.



Kasiga school conducts student council elections for 2021-2022

The Prefects of our school are elected by the Students, Faculty, Housemasters and House mistresses. The student council is elected by a process of free and fair elections conducted in a very democratic and transparent way. The process starts with 11 grade students filling out forms, students are then shortlisted for the final speech, an interview and the voting. Being a Prefect is a great way to learn that authority and responsibility are two sides of the same coin, and Prefects hone their leadership and team building skills while performing their duties.

The Student Council is a democratically elected body of student representatives. Our Prefectural system consists of the Heady Boy and Head Girl, Deputy Heady Boy and Head Girl, Sports Captain and Deputy Sports Captain, Cultural Prefect, Welfare Prefect, Academic Prefects and the Captains and Prefects of the four Houses. The Investiture ceremony which inducts them into the cabinet is a solemn occasion with students taking oath

Students' Speak

Existence-The Power of Now

Existence, as my 16 year old self has come to understand it, is inherently exuberant. It is like dancing without choreography. It is meant to be a simple experience; some may argue but when there is no objective, no goal, no destination it's seemingly pointless, don't you think?

Just as the point of dancing is the dance, the act of existing is to simply exist.

Existence is only in the now, for the past and the future are constructs of mortal perceptions.

The present, the now, is the only reality. All things exist now, they did not exist then, for there is no then in the now. There is only one now. There is not when or soon, for all things exist now. Things did not exist then, they exist now, the thought itself is uncomplicated but when put into words and made to read sounds complicated just like reading a sentence over and over with no actual goal to understand it.

You can think of it this way, you came home from school. you walk into your room, get your homework done, then turn on your computer and watch a movie. You moved papers from your backpack, out onto the desk, wrote on them, then put them away.

For all things ever done are wiped out now, so therefore all concepts of the past are purely hypothetical, contained only within our minds. We have historical documents to reference, but they only exist now, put into their present positions by pre-existing present states.

Though true, thinking about it can be terrifying at times

History, memory, and the past are all constructs derived from the amour propre of the mortal mind. Existence can be thought of as an experience, an illusion outside of mortality, reality or normality. People participate in everyday activities like watching movies which take place in worlds different from our present normality. Life is much the same. Just like there is no point in looking at yourself in the mirror or reading an essay that's about yourself at the same moment in time, because you're there, you already exist in that moment.

Existence is a beautiful mess, it's chaotic, a contortion of reality, strife among your different states of existence. You can call it a believable simulation, almost as if reliving new shades of the same rainbow over and over.

- Panna Tyagi, As Level

TEAM EVEREST- Lending a Helping Hand

"As you grow older, you will discover that you have two hands- one for helping yourself, the other for helping others."

Audrey Hepburn

The power of being together provides an individual with unmatched strength. It is the proud distinction of a family that keeps one going in their bad days or in good days. My entire life, I have had my families' and friends' back, but it was time that I offered other people in need a hand. I diligently worked with TEAM EVEREST for about 45 days. TEAM EVEREST is a non-profitable institution which is providing help to the families who have been affected by COVID-19. During these 45 days, I came across people who were doing their bit as well. Multiple people were providing food to the stray dogs, a few people donated oxygen cylinders while many people donated to the organization I supported. The feeling of knowing responsible citizens is satisfying and delightful. I was playing a very small part when it came to making the world a better place to live in. However, we had our daily heroes fighting this tough battle every day.

Heroes are the ones who put their efforts to resolve the world's challenges and demonstrate our values as a society. Not only do they serve as powerful examples of how to make a positive difference in the world but also motivate people to hear about their actions. These are the people who can inspire others to do something significant. If there has ever been a time that we needed heroes, it is now. The COVID-19 pandemic has created unprecedented health and economic challenges, especially for the most vulnerable among us. The positive side is that many people from all walks of life are doing their bit to help them. Health care workers, Scientists, Firefighters, Grocery store workers, Aid workers, vaccine trial participants and ordinary citizens caring for their neighbours.

Resilience is not a steady maintenance of well-being, but a set of behaviours that help individuals and communities to persist and move forward despite adversity. Being resilient does not mean that one never struggles. Instead, it is the ability to keep pushing forward when things get difficult, that may be by asking for help, admitting that you are in pain, caring for others, or pulling back from some commitments. It is making the necessary adjustments to live happily despite the changed unpleasant circumstances one is facing. Resilience does not come easy, yet there are ways to cultivate it, even during difficult times like COVID-19.

Discord Noun | /'diskoid/

lack of harmony between notes sounding together, a disagreement between two people

An Interpretation

The Morning At The Window

T.S Elliot

"The Morning At The Window -

They are rattling breakfast plates in basement kitchens,
And along the trampled edges of the street
I am aware of the damp souls of housemaids
Sprouting despondently at area gates.

The brown waves of fog toss up to me
Twisted faces from the bottom of the street,
And tear from a passer-by with muddy skirts
An aimless smile that hovers in the air
And vanishes along the level of the roofs.

Morning at the Window' is an imagist poem that presents an image of poverty. The picture is that of a slum where people lead miserable lives. The speaker is at the window. He may be a visitor to a certain house in the area where poor people live. The images that come to his eyes are 'object correlatives' or objects corresponding to certain ideas and emotions in the poet's and the reader's mind.

The images in the poem correlate with the idea of poverty and feelings of sympathy. But the poem only presents them just the objective image, rather than romantically expressing his feelings and emotions. The poem also shows the morning scene from a rather privileged perspective instead of exploring the daily lives of the people of the slum from their perspective too. Though the poet says he is "aware of the damp souls of housemaids", is he? Eliot seems like just another passer-by who may sympathise with the people of the slum but couldn't empathise as the poem is objective in nature and doesn't show us his feelings on the subject matter of his piece.

- Yash Raj Gupta, A Level