



KĀSIGA SCHOOL

DEHRADUN

• KNOWLEDGE • STRENGTH • COMPASSION

Dear Parents,

PRAVAH PROGRAMME

Today, 1.2 billion adolescents stand at the crossroads between childhood and the adult world. As they stand at these crossroads, so do societies at large – the crossroads between losing out on the potential of a generation or nurturing them to transform society. Adolescents are unique in terms of their intellectual, social, emotional and physical development and therefore it requires great care while planning programmes for them. With the life situation becoming more complex and challenging, there is a great need for the next generation to learn how to cope with change. At Kasiga we are committed to our students, who will become lifelong learners and balanced individuals. Hence, the school has decided to conduct a programme to this effect for our students as per schedule given below.

In our endeavour to support the needs of our students, we have collaborated with an organisation called Pravah. Pravah's youth development perspective is embodied by the concept of the 5th Space. We believe that as a society we have 'legitimized' four spaces for young people - that of family, friends, career / career-related education and leisure or recreation. There is on the margins – a 5th space where young people relate to society. The journey is a module based on integrated life skills approach. This journey will be facilitated keeping in mind the values and principles of Kasiga School and Pravah's 5th space youth development approach. This would mean that our ultimate goal would be to understand self, relationships and the society in an interconnected way.

By the end of this intervention, students will be able to:

- Articulate the values, attitudes and behaviours behind decision making.
- Recognise and practice active listening and empathy as a core life skill in personal and school based spaces
- Demonstrate critical thinking and problem solving skills in school based action projects.

The total cost of the programme will be Rs. 1400/- per child, for grades VI to IX.

We look forward to your support, as always.

Thank you

With Warm Regards,



Sonali Sinha
Sonali Sinha
Head of School

Village Purkul, Off Dehradun-Mussoorie Diversion Highway, Dehradun 248009, Uttarakhand

Correspondence Address - EBD Business Centre, 49, Rajpur Road, Dehradun 248001

Ph.: +91 135 7199100 | Email: info@kasigaschool.com | Website: www.kasigaschool.com



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