



**KĀSIGA SCHOOL  
DEHRADUN**

● KNOWLEDGE ● STRENGTH ● COMPASSION

# Expressions

News Letter



August – October 2018

*Education is the most powerful weapon which you can use to change the world  
- Nelson Mandela*

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# THIS ISSUE

## SILVER FIESTA 2018



Realizing the ubiquitous role of cinema in the current social circuit and its growing role in revolutionizing human perceptions Kāsiga School had launched its novel initiative to help the student fraternity plunge into the world of movie appreciation and soak in its hitherto unknown nuances. The Silver Fiesta is that exciting platform where students of Kāsiga and from ten other schools got an opportunity to learn how to critique and exhibit their analytical skills of reviewing a movie.



The Chief Guest for the occasion was Ms. Shohini Ghosh, a renowned film critic, producer and Professor at the AJK Mass Communication Research Centre, Jamia Milia Islamia, New Delhi. Renowned film critic Mr. Patrick Kerr and Ms. Madhu Gurung also adjudged the event. The grand event began with the lighting of the ceremonial lamp followed by the school choir singing Ganesh Vandana which enlivened the occasion.







An enlightening workshop by Ms. Shohini Ghosh was followed by the screening of "The Sixth Sense".

The students reviewed the movie and it was time for the closing ceremony which was an enthralling feast for the audience.



The Doon School was adjudged the winner, Welham Girls' School bagged the runners up trophy and Hopetown Girls' School secured the third place. The Jury's Choice was awarded to Kāsiga School.

## CONGRATULATIONS TO THE WINNERS - 58 Medals (23 GOLD 18 SILVER 17 BRONZE)



Excellence is the gradual result of always striving to do better. A healthy competition boosts one's talent, skills and inculcates the qualities of sportsman spirit, team work and cooperation. Kāsiga school trains students to seek out challenges and face competition.



An enthusiastic group of 16 swimmers participated in The Sanawar Invitational Inter-School Swimming Competition held from 17th to 19th August 2018 at the Lawrence School, Sanawar and brought laurels to the school. Mrs. Sonali Sinha, Head of School and Mr. Chandra Shekhar, Deputy Head of School congratulated the swimmers in a ceremony held in Kāsiga School.

Our school participated in Confluence, a cultural festival held at Tula's International School on the 4th of August, 2018. The school band secured the first place in 'Crescendo'(Band Competition) event and Shreesh Bakshi bagged the second position in the 'Symphony'(Solo Instrumental) event.

## CBSE Sahodaya Football Tournament



Kāsiga School won this years CBSE Sahodaya Football tournament.



The band members were Neerav S. Nepali, Boris Momin, Siddhant Bhatt, Tenzin Donden, Sahitya Gupta and Prakarsha Poudel. They performed the songs Come Together by The Beatles and Sky is a Neighborhood by Foo Fighters!



## Dehradun Literature Festival



On the 9th and the 10th of August, 2018 a group of 20 students from our school visited the Unison World School for the second chapter of Dehradun Literature festival. The festival was inaugurated with the musical presentation by the followers of the Isha foundation. The chief guests for the evening Mystic Sadhguru ji and the legend Mr. Ruskin Bond had a conversation session on spirituality, dealing with inner self and to control negative emotions. The session ended with awarding young students with the Ruskin Bond Literary Award. On the 10th of August the afternoon session that we attended was on The Phenomenal Women of India by the eminent women Divya Dutta, Laxmi Narayan Tripathi, Lillete Dubey and Rukmani Kumari. They talked about their life experiences and how they overcame their problems to fulfill their dreams. One of them was Laxmi Narayan, a transgender activist who told us about the struggles she faced when she founded the first transgender community. The session ended by Divya Dutta's book review Mi and Ma which tells us about her relationship with her mother.



The next session was with Mr. Madhur Bhandarkar, a renowned director who spoke about 'The Reality Behind Cinema'. He discussed about his challenges in the film industry and the reason for choosing the off stream cinema. In conclusion all the sessions were very interesting and inspiring for the students and we have learnt a lot from it.

## INDEPENDENCE DAY 2018



"The greatest gifts you can give your children are the roots of responsibility and the wings of independence"- Denis Waitley

Kāsiga School, Dehradun, celebrated the 72nd Independence Day with utmost zeal and enthusiasm. The celebration commenced with the unfurling of the Tiranga at the oval, witnessed by the entire Kāsiga community, followed by the lilting tunes of the National Anthem and taking of the pledge.



Post the flag hoisting ceremony, the school gathered in the foyer for the cultural programme. It began with Mahi and Riddhima inviting the school Head Girl, Madiha Islam on stage to share her thoughts on this momentous occasion. She stated that the meaning of independence for her was the birth of a new era, fulfillment of dreams and achievements. She also very rightly pointed out that the meaning of independence may have different implications for different people. The speech was followed by the all girls school band performing the song 'Freedom' from the movie Django Unchained. Their performance was absolutely stupendous with Sujina, Amairaa and Pranavi as the vocalists, Madiha Islam at the drums, Ishana at the keyboard, Samprada and Manya playing the guitar. The next event was what everyone had been waiting for and rightly so, as almost all the students had been working hard for the past few days to put up the best show – it was the Inter-House Theatre Competition.



The audience couldn't stop cheering and applauding as one brilliant performance was followed by the other.





All the performances received a standing ovation from the audience. The Head of School Ms Sonali Sinha applauded the contribution of the student body in putting up such a stupendous show with such little time to prepare.

What followed was a complete surprise package – a Martial Arts demonstration by members of Krav Maga [IUKMF]. Colonel Sanjay, one of the members, elaborated that – “martial arts is primarily to fight the enemy within you - the fear. Once that is overcome, half the battle is already won.” The Krav Maga, a mixture of seven martial arts rolled into one, is Israeli in origin and is one of the deadliest forms of martial art.



The group exhibited several ‘easy to do’ strategies that anyone can use for self defense. They emphasized that it is not muscle power but skills and practice that can overpower an attacker. The entire demonstration was very well received by the audience. It was time now for the declaration of the result of the Inter-House Theatre Competition. In the third place was Amazon House, in second place the Pacific House and the winners were Everest House. The certificates and trophies were given away by the Deputy Head of School, Mr Chandra Shekhar Yadav and the Head of School, Ms Sonali Sinha.



The mesmerizing day culminated with a superb rendition of the National Anthem by Shreesh Bakshi, Kāsiga’s ace percussionist, using a special seven tabla arrangement to play the tune. Shouts of ‘Vande Matram’ and ‘Bharat Mata Ki Jai’, filled the foyer with patriotic fervour.

## THRILLING VICTORY FOR KĀSIGA...



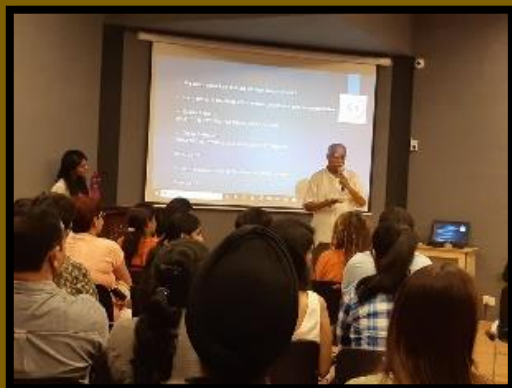
Kāsiga School won the final match of the SelaQui Invitational Soccer Tournament against Wynberg Allen School by 4 – 2. The main scorers were Praveen Budania – 2 goals, Tsering Sangey – 1 goal and Sahil Gupta – 1 goal. It was an exciting match right from start to finish, with each team vying with the other to strike a goal. The opponents put up a strong defense but the Kāsigans proved their might and pulled off a convincing victory by scoring four goals. Our Team entered the finals after defeating the Asian School by a margin of 3 goals to 2. Earlier, Kāsiga School defeated St. George’s College, Mussoorie in the quarter Finals ,3 - 1. The main scorers in both these matches were Sahil Gupta, Praveen Budania and Tsering Sangey. Nishant Chauhan was declared the Best Player of the tournament. The tournament concluded with the award presentation ceremony by the Chief-Guest for the occasion, Mr. R. P. Devgun. He presented the winning team of Kāsiga School with the trophy and a cheque for Rupees 2 Lakh and the runners up with a cheque for Rupees 50 thousand.



The Kāsiga Girls Soccer team did the school equally proud by winning the finals of PPSA Soccer Tournament. They defeated Gautam International School by 3 – 2. The main scorers were Sarvesha Thapa, Samprada Karki and Sonam Drema. They had clinched their place in the final after defeating Sant Kabir School by 2 goals to 1. Reyha Tyagi was declared the Best Player of the tournament.

The girls returned proudly holding the magnificent winner’s trophy and were given a warm welcome by all the staff and students of the school.

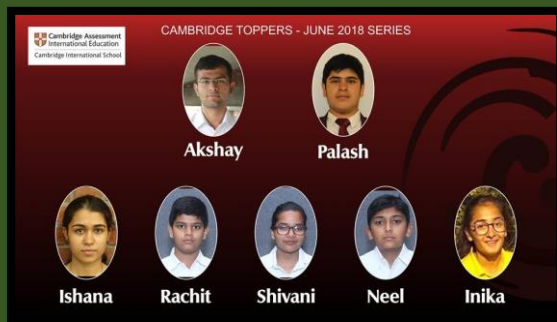
## Workshop on Parenting Techniques



Kāsiga strongly believes in bringing the school and parents together to improve academic and overall success of children, which is why a workshop on “Parenting Techniques” was organised during the PTM held on 25th August 2018. The workshop was facilitated by Mrs. Jyotika Bedi, a well-known and experienced education guidance and human development expert based out of Delhi. It was indeed an enthralling educational stimulant for parents and such workshops will be conducted in the days to come as well.

## CAMBRIDGE ASSESSMENT INTERNATIONAL EDUCATION JUNE 2018 SERIES TOPPERS HEARTY CONGRATULATIONS!

The management, staff and members of Kāsiga family congratulate the toppers of the JUNE 2018 Series Cambridge Examinations. We wish them even greater heights of success in the future.



IGCSE students achieved their exemplary grades in a diverse set of subjects including English, Hindi, Spanish, Physics, Chemistry, Biology, Extended & International Mathematics, Economics, Business Studies, Accounting, Computer Science, Global Perspectives & Design & Technology.

AS / A level students achieved their grades in Mathematics (Pure Mathematics & Mechanics), Physics, Chemistry and Computer Science.

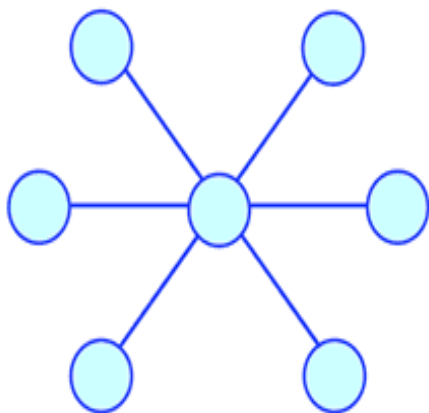
5 of our students Achieved a Distinction in the Cambridge ICE (International Certificate of Education) which is a group award for students who pass the examinations in at least seven Cambridge IGCSE subjects from five different subject groups, including two different languages, Sciences, Mathematics, Humanities & Social Sciences and Creative & Professional subject groups.

ICE Distinction requires a total of 7 Grades above C and 5 grades of A or higher.

We have declared our best overall IGCSE result this year and our students performance over the last 5 years has shown a steady improvement each year. We hope to continue this upward trajectory as we prepare to have our First March series IGCSE examination in 2019. It is a matter of great pride for the school that our toppers studied and did extremely well with 9 subjects each ( with a mandatory requirement of only 5 subjects ).

### Puzzle time

Seven up!



Put the numbers

**1, 2, 3, 4, 5, 6 and 7**

in the circles so that each straight line of three numbers adds up to the same total.





## 9<sup>th</sup> 'MRS E C WEST MEMORIAL INTER SCHOOL GIRLS INVITATIONAL SWIMMING CHAMPIONSHIP' 2018



Our school participated in the 9th 'Mrs E C West Memorial Inter School Girls Invitational Swimming Championship' 2018 and our school swimming star Preeya Patel won 3 medals (2 Gold 1 Silver) in the sub junior category.

She also won the 'best swimmer' trophy in sub junior category.

## Workshop by Enfold



A workshop was conducted from 29th to 31st of August by Enfold, Bangalore for Teachers, Administration staff, Support Staff and Students of grades X to XII.

Teachers, Administration Staff and Support Staff had a thought provoking yet enriching session on POCSO Act and awareness on Child Sexual Abuse.

Students had a session on Gender stereotypes, Relationships- Respect, rights and responsibilities.

This workshop was a part of our attempt to make the world safer for all children and ensure that they grow into healthy and fulfilled adults.

## CONGRATULATIONS TO THE WINNERS - 35 Medals



(6 GOLD 20 SILVER 9 BRONZE) Our School Swimming Team once again performed to the best of their abilities and brought laurels to the school at the 8th Mr. P.K. Kidd Wynberg Allen Inter School Swimming Competition 2018. The School swimming team bagged the 2nd place overall out of 9 participating schools. Our school Swimming team captain Shreesh Bakshi won the best promising swimmer trophy.

### The Medal Tally

Shreesh Bakshi 1 Gold 2 Silver 1 Bronze  
 Harsh Yadav 2 Gold 3 Silver  
 Aryan Burman 1 Gold 1 Silver 1 Bronze  
 Kipa Mangming 1 Gold 1 Silver  
 Aditya Rawat 1 Gold  
 Devesh Nath 3 Silver  
 Kantaphol 2 Silver 1 Bronze  
 Sanidhya Pande 1 Silver 2 Bronze  
 Harshit Dalal 2 Silver 2 Bronze  
 Jay Gajiwala 1 Silver 1 Bronze  
 Sparsh Soni 1 Silver 1 Bronze  
 Kavish Desai 1 Silver  
 Pakin 1 Silver  
 Shivek Yadav 1 Silver

Mrs. Sonali Sinha, Head of School and Mr. Chandra Shekhar Yadav, Deputy Head of School honoured and congratulated the swimmers at a special ceremony during the school assembly.

## Mindfulness!



A simple word yet, so powerful. The school, under the aegis of the Ahimsa Trust, organised a "Mindfulness" workshop on the 4<sup>th</sup> of September for the teachers and a few senior students. The theme of the workshop was "HAPPY TEACHERS WILL CHANGE THE WORLD", which was truly a nourishing experience and an afternoon blissfully spent by all participants.

## Abhinav Acharya Nationals Runner up in Tennis



Just as Kāsiga can boast of having one of the best Sports infrastructure in the Nation, Abhinav Acharya of Kāsiga School added another feather to the cap. Abhinav displayed sheer talent by reaching the Finals of the All India Tennis Association National C.S. Series Tournament in the Doubles U-16 category and was Runners-Up in the Tournament held at St Joseph’s Academy. The Doubles final was played on 9th Sep 2018. Abhinav and his partner lost to the Top seed of the tournament in the Finals. His hard work also paid in the singles, where he reached the Pre-quarters in the Main draw of the Tournament. Two other players, Keshav Gupta of class XI and Brahmaansh Gandhi of class IX played to the best of their abilities and performed fairly well in the tournament by reaching the Pre-quarters in the Doubles and played quite well in the singles first round matches.

## KĀSIGA SCHOOL BAGGED MEDALS IN CBSE NORTH ZONE 1 AND THE DOON SCHOOL AQUATIC CHAMPIONSHIPS



Kāsiga School swimmers did well yet again in the CBSE North Zone 1 swimming competition 2018 held recently at Vidya Global School Meerut, UP and The Doon School Aquatic Championship in Dehradun.

More than 100 schools’ teams from Uttarakhand and UP(West) participated in the CBSE North Zone 1 Championship. Kāsiga swimmers excelled in both Championships, grabbing 7 medals in the CBSE U-17 category and 25 medals in The Doon school Aquatic Championship. Shreesh Bakshi of Kāsiga School won 1 silver and 2 bronze medals in the 50 and 200 metres butterfly races.

Harshit Dalal, Sanidhya Pande, Jay Gajiwala and Harsh Yadav also got silver medals. Shreesh was also awarded the ‘Best Swimmer of the Meet , Senior Category’ at this event. Shreesh also broke The Doon School 50 m Butterfly record.

Preeya Patel also qualified for final heats in all her individual events in the CBSE championship.

Kāsiga swimmers Shreesh Bakshi, Harshit Dalal, Harsh Yadav, Sanidhya Pande and Jai Gajiwala were selected for the CBSE National Swimming Championship 2018.

Our swimmers were honoured with medals by the Kāsiga School Senior Management including, Chairman Mr. Ramesh Batta, Mrs. Poonam Batta, Director Finance & Administration Mr. Siddharth Batta, Director Welfare, Mrs. Chandni Batta, Head of School, Mrs. Sonali Sinha and Deputy Head, Mr Chandra Shekhar Yadav. Mr. Ramesh Batta expressed joy over the splendid performance and congratulated the swimmers and the coach Mr. Dhanraj Sharma for bringing laurels to the school.

the diagram. You need to work the equations from left to right or top to bottom to find which numbers go in the boxes that don't have clues.

|   |   |    |   |   |   |    |   |    |
|---|---|----|---|---|---|----|---|----|
| A | + | B  | ÷ | C | - |    | = | 3  |
|   | - |    | + |   | ÷ |    | + |    |
|   | ÷ | D  | x | E | - | F  | = | 12 |
|   | x |    | + |   | + |    | - |    |
| G | + | H  | ÷ |   | x |    | = | 16 |
|   | ÷ |    | ÷ |   | ÷ |    | ÷ |    |
| J | - |    | ÷ | K | + | L  | = | 12 |
|   | = | =  | = | = | = | =  | = |    |
| 2 | x | 13 | + | 4 | + | 10 | = | 40 |

MATHMANTA



## 18th Junior State Basketball Championship Held At Haridwar



Aman Singh and Manish Singh played for the Mussoorie team in the 18th Junior State Basketball Championship, held at Haridwar. Manish Singh captained the Mussoorie team .

Their team reached the finals of the championship and was scheduled to play Dehradun for the title. Unfortunately, the game could not be played due to heavy rain and both the teams were declared joint winners.

## Introduction Of Poly Carbonate Glass



The Green school committee has taken the initiative to reduce the use of single use plastic in the school. Therefore they have launched the Polycarbonate glasses with the support of School management to reuse and reduce the plastic in the school.

The students will be using these glasses during their juice break, evening snacks and night milk to avoid the use of disposable plastic and reduce wastage.

The school takes a step ahead in making it a green and clean school.

## Green School Committee



On the 27th of September, the students of senior school went on a cleanup drive organized by the Green School Committee in collaboration with Waste Warriors.

They cleaned up the Johri Jakhan area as it is a beautiful forest drowning with the plastic and litter all around. They were given two bags to segregate the recyclable and non- recyclable waste. They were also given gloves and trash grabbers to pick the waste.

The students actively participated in this community service and learnt not to litter their surroundings. Overall the students were sensitized about the significance of cleanliness and reinforcement of the message "Clean Doon, Green Doon".

## National Aquatic Championships



A proud moment yet again for Kāsiga Swimming. Our school swimmer Shreesh Bakshi participated in the Senior National Aquatic Championship held at Thiruvananthapuram, Kerala , from 19<sup>th</sup> to 23<sup>rd</sup> September 2018, organised by the Swimming Federation of India.

Earlier, Shreesh had won 2 Gold and 1 Bronze medals in the State Senior National trial conducted by the Uttarakhand Swimming Association at the Sports Stadium, Haldwani on 25<sup>th</sup> August 2018.

He became the first swimmer from the school to have participated in the Senior National, Junior National and CBSE School National Championships from the Doon valley.

We wish Shreesh Bakshi even greater success in the future.



## Nature Club - Visit to Asan Barrage



On 28<sup>th</sup> September 2018 our school organized a bird watching trip to Asan Baraj, a wildlife conservation settled at Uttarakhand -Himachal border

Enroute to the lake we picked up our guide-Mr. Taukeer Alam, a member of the Uttarakhand Forest Department and the FRI. As we reached the beautiful Asan Lake, we saw many beautiful water birds like the Grey Heron, Pond Heron and the Indian spot-billed duck. We had breakfast at the resort and headed back to the lake where we saw grazing cattle and deer.



During the bus ride, headed back to the school we had a quiz on birds we saw on this trip. I would like to conclude by saying it was an amazing and adventurous trip.

## Science Activity

The Science Department of the school organized the Inter House Science quiz for junior and senior section and the Inter House Science Symposium for middle section on 29<sup>th</sup> September, 2018. The quiz had different rounds such as 'Identify The Beaks', 'Question -Answer Round', 'Diseases - Be Aware', 'Who Am I?', 'Sci. Spell Bee', 'Identify the Apparatus/ Instruments' and 'Natural Disasters'. The theme of the Science Symposium was "Greatest invention or discovery of last 20 years in the field of Science and Technology". Each house was represented by two participants; they presented an impactful power point presentation and also explained the significance of the discovery or invention. There was a question answer round by the judges as well. The questions put forth to the teams in the quiz as well as Symposium were intriguing and interesting which made them think out of the box. In conclusion, the activities were a great learning experience for Science lovers.

## KĀSIGA SHINES AT EDUCATION WORLD SCHOOL RANKINGS



It was a proud moment for Kāsiga School, Dehradun for being ranked India's #8 and Uttarakhand's #2 Co-ed Boarding School in the Education World India School Rankings 2018-19. EW India School Rankings Awards 2018 ceremony was held in Gurgaon, on September 28, 2018.

The award was received by the Director Finance and Administration, Mr Siddharth Batta, Director Welfare, Ms Chandni Batta and the Head of School, Ms Sonali Sinha.



Kāsiga School was also applauded and appreciated for achieving a high ranking in Academic Reputation, Co-curricular Education, Life Skills Education and Conflict Management, Internationalism and Community Service.

This year EW initiated a novel ranking The ELITE School Ranking which is a pioneering ranking of private Indian schools that puts innovation, academic proficiency and teacher quality - – based on both self-reported information and independent assessment of teacher expertise and student academic proficiency – at its heart.

The ELITE Rankings survey has been carefully designed by a team of researchers with affiliations to Harvard University, Stanford University and Edfinity, a National Science Foundation-funded organisation. Kāsiga School also has the proud privilege to be ranked and acknowledged in this category for excellence in Innovation & Resources.

The School Management congratulates and thanks the entire community of Administrators, Teachers, Parents, students & other staff members for their contribution to this achievement.

## Kāsiga Celebrates Gandhi Jayanti



“You must not lose faith in humanity. Humanity is like an ocean; if a few drops of the ocean are dirty, the ocean does not become dirty.” - Mahatma Gandhi.

The 150<sup>th</sup> birth anniversary of Mahatma Gandhi was celebrated with great fervour and enthusiasm by all students and staff of Kāsiga School, Dehradun on the 2nd of October, 2018. Homage was also paid to the nation’s second Prime Minister, Mr. Lal Bahadur Shastri for his valuable contribution in the building of a free nation. The day began with a special assembly dedicated to Bapu. A famous quote of Gandhiji on equality of all mankind and service to one another was read out. The foyer resonated with the melodious singing of the hymn, ‘Raghupati Raghav Raja Ram’, by the school choir, staff and the student body. This was followed by a role play in which Gandhiji expressed his happiness to see the nation’s development and progress in various fields. He also applauded the countrymen for moving away from casteism and untouchability. He congratulated the people for taking the cleanliness drive earnestly and ensuring cleanliness in and around their living spaces. The assembly culminated with the Deputy Head of School, Mr Chandra Shekhar Yadav addressing the school and reiterating the students to follow the ideals laid down by the great Mahatma. He urged the students to always stick with truth and keep clean. The assembly was followed by all staff and students engaging themselves in cleaning and organizing their class rooms and work spaces. The students, enthused with energy and excitement, jumped into the drive and ensured the entire area was spic and span. They were seen beaming with pride and contentment over their achievement. A group of students also went for a Heritage Walk to Khalanga Park, a war memorial. The walk helped the students to understand the sacrifices made by our martyrs to achieve freedom. In keeping with Gandhi’s principle of unity and community service, a friendly football match was organized between the students of Kāsiga School and the children of the support staff studying in nearby schools. It was a keenly contested match played in the right spirit. The Kāsiga team showed a fairly benevolent attitude by providing enough opportunities to its opponent team, of shooting goals. The match was won by team Kāsiga by 6 goals to 3. The Head of School, Ms Sonali Sinha, presented water bottles and jerseys to the children. She addressed the gathering by stressing on the importance of sportsmanship and the spirit of one community. She urged the students to follow Gandhiji’s ideals of truth, non-violence and co-existence. She also announced that Kāsiga School understands its responsibility towards community ownership and shall continue its engagement with the community through many more similar events and activities. The support staff children were thrilled by this announcement as touched by the warmth and friendly attitude of Kāsigans, they had already expressed their desire to play such matches as often as possible, in the future. “Happiness is when what you think, what you say, and what you do are in harmony.” - Mahatma Gandhi

## Sunday Trek to the River



On 7<sup>th</sup> October 2018 our school organized a trip to the stream that flows behind the school campus (called the Tons but not the main tributary of the Jamuna).

As we left the school, we were very excited to go down to the river. As we trekked to the river we saw many types of beautiful trees. We reached there and were amazed to see the flow of the river. Very excited we put on our swimming trunks and jumped into the cold water.

As soon as I emerged from the water I felt as cold as ice. We drifted down with the flow of the water. Soon the flow became quite rapid and took us to a big water fall. At last, we ate hot Poori-Bhaji at the river bank.

It was a wonderful experience.



## KĀSIGA RESONATES WITH THE SOUNDS OF THE SHLOKAS



Kāsiga School, Dehradun played host to the 10<sup>th</sup> Inter School Geeta Paath Competition and the melodious shlokas from the Geeta, infused the salubrious campus with a unique divinity and spirituality. The programme commenced with the lighting of the ceremonial lamp. The lamp was lit by the Chief Guest for the occasion, Mr. Jai Singh Rawat, winner of the International Print Journalism Award, the judges, Dr. Ram Vinay Singh, a famous Sanskrit poet and Dr. Manoj Pandey, Head of the Hindi Department, The Doon School, along with the Director Welfare of Kāsiga School Ms Chandni Batta, the Head of School Ms Sonali Sinha and the Deputy Head of School, Mr Chandra Shekhar Yadav.



A festive Kathak dance presentation, 'Raas Leela', was presented by the students of Kāsiga to set the mood for the Geeta Paath.

The Head of School, Ms Sonali Sinha warmly welcomed all the participating teams and reiterated the significance of the Geeta and its precious teachings especially in today's environment. This was followed by the students from various prestigious schools of Dehradun, taking the stage to present the famous Krishna – Arjuna dialogue from the tenth chapter of the BhagwadGeeta. The programme culminated with the presentation of mementoes to all participating teams.

The Chief-Guest, in his speech, congratulated all the participants and urged them to imbibe the principles of the Geeta in their lives. He also appreciated Kāsiga School for having undertaken such a noble venture and encouraged it to continue hosting this meaningful event. The Deputy Head of School, Mr Chandra Shekhar Yadav, expressed his gratitude to all the eminent Heads of Schools for having sent their teams to participate in this event. The programme came to a finale with the singing of the National Anthem.

## Trip to Wasatch Academy , Utah, United States as part of School Exchange Programme



Exchange programs offer activities that provide students with transformative experiences. Exploring a new place, building interpersonal skills and becoming immersed in a new culture are all potential benefits of time spent in an Exchange program. In keeping with this philosophy, five Kāsiga students accompanied by two faculty members visited Wasatch Academy, Utah in the first week of October. The Student Exchange Programme was aimed at collaborative learning and sharing views on water and waste management. The initial two days were spent in attending classes and getting immersed in the Wasatch Culture. The students participated in interactive learning here and attended classes as per their interests. The exposure was quite inspirational.



Kāsiga students gave presentations on topics related to Water Resource Management and sustainability in Craighead Auditorium the following day. This was followed by an intense question – answer session which was handled with ease and confidence by the Kāsigans. Uday, Samprada and Prisha gave individual presentations. Pranavi and Prakarsha gave a joint presentation. All of them fielded questions related to sustainability and the measures being adopted in their home country, India. The following morning, the team from Kāsiga departed for Bryce Canyon National Park along with five Wasatch students, Dr. Barnes and Mr. Keith (faculty). Bryce Park is located in southwestern Utah and the major feature is a collection of giant natural amphitheatres along the eastern side of the Paunsaugunt Plateau. Bryce is distinctive due to geological structures called hoodoos. These formations are unique, and the team had never seen anything like that before! We returned to the park the next morning to do a few hikes and marvel at what millions of years of nature can create!





The visit to Utah, also provided an opportunity to visit the Glen Canyon Dam in Southern Utah. The giant concrete dam on the Colorado River forms the second largest American reservoir, the Lake Powell. The guide gave us an insight about the huge dam. Last but not least students also had the opportunity to visit the Salt Lake City. Students visited Temple Square, Planetarium, City Creek and finally the Great Salt Lake (the largest salt water lake in the Western Hemisphere). Students returned to Kāsiga on 12th October with newfound capabilities, and personally informed perspectives to 21st-century global realities.

## Interactive Session with Mr. Pavan Sukhdev, UN Environmentalist.



Kāsiga School was honoured to have Mr. Pavan Sukhdev, a renowned UN Environmental economist and the President of WWF International, deliver a talk on Environmental issues. He was the special adviser and the Head of UNEP's Green Economy Initiative and currently serves on the Boards of Conservation International, Global Reporting Initiative, TEEB for Business Coalition and the Stockholm Resilience Centre.

The session was attended by the Green school committee members and the students of Grades 9 and 11. Mr. Sukhdev explained about the significance of nature and the endless services that nature provides us. He showed interesting visuals on the abundance of species and their depletion from the year 1970 to 2050. The students understood that simply because Nature does not charge for its services, we should not take it for granted.

Mr. Pavan spoke about the alarming problems in the globe like loss of fisheries, degradation of coral reefs and the spike in greenhouse gases. There was a short question answer session in which the Green School Committee members spilled their curiosity.

It was an eye-opening session for all of us as it is high time, we must evolve and conserve nature.

## Annual Athletic Meet



The much awaited Annual Athletic Meet commenced on the 24th of October, 2018. The Chief Guest for the occasion was the Head of School, Mrs. Sonali Sinha and she declared the meet open at 9:30 in the morning. The four houses- Amazon, Everest, Pacific and Nile, led by the Head Boy, Neerav Sharma Nepali, Head Girl, Madiha Islam and Deputy Head Boy, Piyush Behl, participated in the march past routine. This was followed by the oath taking ceremony which fosters a sense of brotherhood and sportsmanship. Various events across the senior, middle, junior and sub-junior categories were held and the enthusiasm of the participants was infectious. Some of the events organized were- 1500m, 800 m, 100m and 4x100m races, Long Jump, High Jump and Shot Put. The audience cheered as the children across all age groups strived to clinch the coveted medals for their houses. Praveen Budhania broke the school's record for High Jump and Aryaman Vij performed the same feat in Shot Put. The day comprised of some incredible moments of personal brilliance as well as collective glory.





## International School Library Month



Kāsiga School Library has been successfully organizing ISLM for the past five years and our students thoroughly enjoy all the activities associated with it. The purpose of organizing International School Library Month in our school is to make the students aware of the importance of the school library where students are prepared for life and the process of learning. The theme of the ISLM is 'Why I love my school library'. 'I Love My School Library' evinced great excitement all around the school library. ISLM project was fun filled month with children wherein the students participated in many activities to renew their love of books. The students enthusiastically participated in various activities and displayed their artistic and literary skills. An interesting quotes goes; "A good library is a joyful place where imagination roams free, and life is enriched" which meant that students must consider their school library as a foundation for knowledge. Indeed a library is the greatest gift of all. In this regard various activities were conducted in the school library to enhance the skills of the students which included:

- Bookmark Designing - Book Cover Designing - Book Review - Information Literacy - Map activities
- Flag project - Guess the authors - Vocabulary Game (Prefixes: Make a New Word) (Class-III and IV)
- Name the Famous Monuments from the Six out of Seven Continents - Harry Potter Project
- Quiz on Gandhi - Skype project

One of the key highlights of the project has been the book mark project which was done by the Junior and Middle School and the book marks will be exchanged across school libraries. We are sharing our Book Marks Project with schools from other parts of the globe. We have a partnership to swap our Bookmarks for Junior School with Osnovna Skola Drinje, Croatia, Debreceni Vorosmarty Mihaly Altalanos, Hungary and Tiara Permai Primary School, Malaysia. Middle School partnership included participating schools from Osnovna Skola Meje, Croatia and Scoala, Toma, Cocisiu, Romania. Students of junior and middle school made Book-Marks on 'why I love my school library' themes such as favorite story characters and thoughts of Great Personalities. MOVIE SESSIONS- Students watched Oliver Twist, Rumpelstiltskin, Jack and the Beanstalk and The Wizard of Oz. As a step forward in this direction we will also be participating in the global 'Skype Project. Once again the International School Library Month under the aegis of IASL proved to be a very good incentive in drawing attention to the importance of the school library in the process of learning. A lamp can never light another lamp unless it continues to burn its own flame. -- Rabindranath Tagore.

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