

Date	13-Nov-17	14-Nov-17	15-Nov-17	16-Nov-17	17-Nov-17	18-Nov-17	19-Nov-17
Day	Mon	Tues	Wed	Thu	Fri	Sat	Sun
C/H							
BREAKFAST							
Beverage	Cold Milk/ Horlicks/ Coffee/ Tea	Milk/ Boost/ Coffee/ Tea	Cold Milk/ Horlicks/ Coffee/ Tea	Milk/ Boost/ Coffee/ Tea	Cold Milk/ Horlicks/ Coffee/ Tea	Milk/ Bournvita/ Coffee/ Tea	Milk/Cold Coffee/ Tea
Cereals	Cornflakes	Chocos	Porridge	Cornflakes	Oats	Cornflakes	
Bread	Toast/ White Bread/ Brown Bread	Toast/ Oats Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ Oats Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ White Bread/ Brown Bread
Jam/Butter	Mix Fruit Jam/ Butter/ Peanut Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/ Butter/ Peanut Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter
Main Dish	Postik Poha	Stuffed Gobhi Paratha	Baked Beans	Aloo Paratha / Curd	Vegetable Salted Vermicelli	Vegetable Upma	Paneer Paratha / Curd
Egg/Sausages	French Toast	Curd	Egg Fry	Boiled Egg	Omlette	Boiled Egg	Chicken Sausage
Sauce	Tomato Ketchup	Tomato Chutney	Tomato Ketchup	Tomato Ketchup	Tomato Chutney	Coconut Chutney	Green Chutney
MID MORNING							
Fruit/Snacks	Fruit Cake	Banana	Muffins	Veg Sandwich	Fruit	Biscuit & Tea	Cookies
Beverage	Squash		Squash	Squash		Appy	Tea
LUNCH							
International Students	Thai Noodles	Chilli Garlic Rice with Vegetable	Pasta		Egg With Schezwan Rice	Chicken Thukpa	
Rice	Steamed Rice	Jeera Rice	Veg Pulao	Peas Pulao	Jeera Rice	Masala Kichdi	Veg Biryani
Indian Bread	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Bathure	Whole Wheat Chapati	Whole Wheat Chapati
Pulses/ Dal	Yellow Dal	Black Chana	Rajma	Masur Sabut Dal	Cholle	Lauki Chana Dal	Dal
Veg/ paneer	Aloo Gobhi	Veg. Kofta	Bhindi Masala	Malai Kofta	Aloo Beans	Mashed Potato	Aloo Mater Paneer Bhaji
Non Veg/ Second Veg.		Soya Nuggets		Chicken Kofta			
Raita/	Tomato Onion Raita	Curd	Onion Tomato Raita	Boondi Raita	Mint Raita	Curd	Raita
Salad	French Salad	Sprouted Salad	Green Salad	Salad	Lacha Onion	Lacha Onion	Salad
Pickle/ Chutney	Pickle	Pickle	Tomato Chutney	Pickle	Pickle	Pickle / Green Chutney	Pickle
Fruit/ Dessert	Banana		Suji Halwa	Fruit	Fruit	Fruit	Fruit
EVENING SNACKS							
Snacks	Veg Roll	Samosa	Veg Sandwich	Veg Puff	Veg Chowmein	Macaroni	Veg Pakoda
Beverage	Squash	Ice Tea	Squash	Squash	Tea	Squash	Squash
DINNER							
International Students				Saute`ed Green Beans with Creamy Lemon Dressing			
Soup		Lung Fung Soup			Tomato Soup		Veg Soup/ Chicken Soup
Rice	Pea Pulao	Veg Fried Rice	Jeera Rice	Steamed Rice	Peas Pulao	Rice	Butter Rice
Bread	Butter Nan	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Garlic Bread/ Roti
Pulses/ Dal	Dal Makhni	Dal Fry	Dal Punchmail	Urad Sabut Dal	Dhaba Dal	Dal	Dal
Veg/ paneer	Paneer Butter Masala	Veg. Chopsuey	Toffu Curry	Palak Paneer	Kadhi Paneer	Matar Paneer	Penne pasta With White Sauce
Veg.2/ Conti	Dum Aloo Kashmiri	Chilli Paneer					Grilled Vegetable
Non Veg	Mutton Roganjosh		Chicken Curry		Chicken Korma	Chicken Butter Masala	
Salad	Salad	Cabbage Salad	Salad	Salad	Salad	Salad	Russian Salad
Fruit/ Dessert	Fruit Truffle	Fruit Custard	Chocolate Doughnut	Kheer	Suji Halwa	Sevai	Brownie
Night Milk							
Milk/ Boost/ Coffee	Boost Milk	Horlicks Milk	Coffee	Horlicks Milk	Coffee		

*** Menu subject to change according to the availability of seasonal vegetable & raw material***