

Date	19-Feb-18	20-Feb-18	21-Feb-18	22-Feb-18	23-Feb-18	24-Feb-18	25-Feb-18
Day	Mon	Tues	Wed	Thu	Fri	Sat	Sun
BREAKFAST							
Beverage	Hot Milk/ Horlicks/ Coffee/ Tea	Hot Milk/Coffee/ Tea	Hot Milk/ Horlicks/ Coffee/ Tea	Hot Milk/Coffee/ Tea	Hot Milk/Coffee/ Tea	Hot Milk/ Bournvita/ Coffee/ Tea	Milk/Cold Coffee/ Tea
Cereals	Porridge	Cornflakes	Oats	Chocos	Cornflakes	Oats	
Bread	Toast/ White Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ Fruit Bread/ Brown Bread	Toast/ Oats Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ Oats Bread/ Brown Bread	Toast/ White Bread/ Brown Bread
Jam/Butter	Mix Fruit Jam/ Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/ Butter/ Peanut Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter
Main Dish	Poha	Stuffed Aloo Paratha	Cheese Toast	Baked Beans	Idli / Sambhar	Palak Paratha / Bhaji	Cheese Sandwich
Egg/Sausages	Omlette	Curd	Omlette	Spanish Omlette	Boiled Egg	Egg Bhurji	Chicken Sandwich
Sauce	Tomato Ketchup	Green Chutney	Tomato Ketchup	Tomato Ketchup	Coconut Chutney	Tomato Chutney	Tomato Ketchup
MID MORNING							
Fruit/Snacks	Chocolate Cake	Fruit	Muffin	Pineapple Pastry	Fruit	Biscuit	Cookies
Beverage	Coffee		Squash	Squash		Coffee	Tea
LUNCH							
International Students	Boiled Egg Red Pasta	Egg With Schezwan Rice		Thai Noodles	Chilli Garlic Rice with Vegetable	Chicken Thukpa	
Rice	Rice	Jeera Rice	Rice	Jeera Rice	Onion Rice	Masala Kichdi	Rice
Indian Bread	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Bathure
Pulses/ Dal	Lobia Dal	Rajma	Kala Chana	Urad Sabut Dal	Palak Dal	Lauki Chana Dal	Cholle
Veg/ paneer	Dum Aloo	Aloo Gobhi Masala	Aloo Palak	Soya Matar Keema	Toffu Curry	Mashed Potato	Jeera Aloo
Non Veg/ Second Veg.			Baigan Bharta	Aloo Tamatar Ki Subjee	Egg Curry		
Raita/ Salad	Cucumber Raita	Curd	Onion Tomato Raita	Mint Raita	Jeera Raita	Curd	Raita
Pickle/ Chutney	Garden Fresh Salad	Corn Salad	Salad	Green Salad	Salad	Lacha Onion	Lacha Onion
Fruit/ Dessert	Pickle	Pickle	Pickle	Tomato Chutney	Pickle	Pickle / Green Chutney/ Papad	Pickle
	Orange		Fruit	Banana	Fruit	Fruit	Suji Halwa
EVENING SNACKS							
Snacks	Veg Puff	Aloo Bonda	Bread Roll	Veg Roll	Samosa	Italian Roll	Macroni
Beverage	Tomato Soup	Squash	Coffee	Orange Squash	Tea	Veg Soup	Lemon Squash
DINNER							
International Students							
Soup		Tomato Soup			Mushroom Soup	Hot & Sour Soup	Tomato Soup With Croutons
Rice	Steamed Rice	Fried Rice/ Veg Hakka Noodles	Steamed Rice	Pea Pulao	Steamed Rice	Steamed Rice	Steamed Rice
Bread	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Roti
Pulses/ Dal	Dal Moong Masoor	Malka Dal	Chana Dal Fry	Dal Fry	Mix Dal	Urad Chana Dal	Chana Dal
Veg/ paneer	Paneer Butter Masala	Veg Manchurian	Malai Kofta	Mix Veg.	Paneer Do Pyaza	Paneer Butter Masala	Veg Burger
Veg.2/ Conti		Mashed Potatoes and Green Beans With Garlic Bread					

Non Veg	Hariyali Murgh		Mutton Kofta	Chicken Fajita		Chicken Curry	Chicken Burger
Salad	Salad		Salad	Green Salad	Salad	Salad	Salad
Fruit/ Dessert	Kheer	Chocolate Doughnut	Custard With Jally	Kheer	Phirni	Fruit Custard	Brownie
Night Milk							
Milk/ Boost/ Coffee	Boost Milk	Horlicks Milk	Coffee	Horlicks Milk	Coffee		

***** Menu subject to change according to the availability of seasonal vegetable & raw material*****